

Astral Projection Real? How to Astral Project

*****HOW TO INDUCE ASTRAL PROJECTION*****

Firstly, you ABSOLUTELY MUST believe it's possible.

The benefits of Astral Experiences and the purposes which they can fulfill are very varied and numerous! Besides being a lot of fun, exciting and interesting experiences in themselves, we are directly accessing through ourselves the greater realities of which the universe is composed. This process expands both our awareness and creative abilities, and because of this no effort we put into it is wasted. You can literally go anywhere you want to go!! But really this is just the beginning...

One of the immediate and important benefits to successful projection is knowing experientially that your consciousness is not dependent on a physical body. Think of it as a once in a life time opportunity to gain personal and intimate reassurance that there is 'life after death'. It is one of life's thrilling surprise adventures, and I recommend you give it a try just to find out what it feels like to be outside your body. There are a number of benefits to this in itself.

*****Advantages Of Astral Projection*****

***Obtaining personal answers: An out-of-body experience can provide answers to many previously unanswered questions.

***Increased spirituality: Many people find the whole experience spiritual. People report a definite sense of being connected to something far greater than themselves.

***Accelerated personal development: Through an out-of-body experience we see that we are more than physical beings and this opens up so much more potential in our minds of what we are capable of.

***Increase in psychic abilities: As we become more in tune with our internal energy systems we then open more possibilities to develop psychic abilities such as telepathy and prophecy.

***More restorative sleep: Through meditation and astral projection an inner calmness is developed and better sense of worth leading to deeper peace and an ability to fully relax to get a good nights sleep.

***Accelerated personal development: Through an out-of-body experience we see that we are more than physical beings and this opens up so much more potential in our minds of what we are capable of.

***And these are just a FEW of the many, many, great and magical advantages

It's important to STRONGLY BELIEVE and give yourself the very best chance of succeeding. Use audio tracks created to induce astral projection, prepare yourself through understanding the phenomena and so on. Don't forget that many people report this experience totally spontaneously, with no interest or preparation before hand whatsoever. And clearly, the entire human history, EVERY one of these people can't be crazy, or delusional, right? That would be a silly explanation. So something quite magical, lifechanging and extraordinary is in fact going on, and you CAN capture it for yourself, but you have to be willing to embrace the magic, and the mystery to do it! To astral project is so amazing! and mind blowing! It is an experience everyone must have. To learn exactly how to astral project visit

<http://unexplainable.net/Url-Shortener/514/>

and tell everyone you please its an experience I wish everyone could have.

please feel free to share with me your experiences on astral projection I would love to here about it at astrologyandfuture.blogspot.com

About the Author

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