

Are You Wondering How to Use a Condom? This Simple Guide Will Help!

When it comes to how to use a condom, there are many dos and don'ts that you need to keep in mind. In addition, when learning how to use a condom, you need to remember that proper use starts as soon as you purchase the contraceptive.

One of the most common mistakes made by those that don't know how to use a condom is improper storage. Many guys, for example, choose to put their condom in their wallets and then shove their wallets in their back pocket. This results in the telltale "condom ring" that tells the world you are packing contraception.

While placing your condom in your wallet may seem like a convenient storage location, this is not how to use a condom properly. In fact, placing the condom in your wallet will expose it to high temperatures that will cause it to break down. In addition, when you sit on your wallet and squirm around in your seat, you destroy the integrity of the condom.

Before you ladies start saying "I told you so" to your boyfriends, let me mention that throwing a condom in your purse isn't a good place for storage either. The same problems arise with this storage location as you encounter with a wallet. Your purse is exposed to extreme temperatures and climate conditions. In addition, there are plenty of things inside your purse that will beat and bump against your condom if you keep it inside of your purse. Similarly, the glove compartment in your car is no place to store your condom. So, lesson #1 in how to use a condom is to keep your condom in a cool, dry place – such as in the drawer of your nightstand.

The next step in knowing how to use a condom is getting it on. Getting a condom on for the first time can be tricky. So, before the big moment comes, make sure you have practiced a few times. I know, it may seem strange, but you don't want to be in the heat of the moment before you realize you have no idea how to use a condom.

Be careful when you open the condom package – the last thing you want is to rip the condom before you even get it out. Then, keep the condom rolled up until you apply it to your erect penis. Apply it to the tip and roll it down your penis, then squeeze the tip of the condom in order to prevent leaking.

You might think that getting the condom on is the last step in how to use a condom, but it is not. In fact, you should use a water based lubricant during sexual activity in order to reduce the amount of friction that occurs. By reducing the friction, you will increase the pleasure while also helping to prevent condom breakage.

Finally, when learning how to use a condom, you need to know how to finish your sexual activity safely. First, you need to pull your penis out immediately after you ejaculate. Otherwise, you risk having the condom slip and leak. Once you are done, remove the condom right away and throw it in the trash.

For more information visit: [Are You Wondering How to Use a Condom? This Simple Guide Will Help!](#)

About the Author

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