

Complete Information on Becker's nevus

Becker's nevus is a skin disorder predominantly affecting males. Becker's nevus is a character of localized acquired hypertrichosis. The nevus mostly first appears as an improper pigmentation on the trunk or upper extremities, and gradually enlarges irregularly, becoming thickened and frequently furry. The piece may stretch and get both rather big and furry, but remains fixed in place. Sometimes just an increased sum of hair is noticed. Patches associated with seamless muscle hamartoma show more noticeable seamless muscle bundles irregularly dispersed within the dermis and unconnected to either hair follicles or vascular channels.

This disorder is inextensive, likely due to a mixture of factors including recent discovery, low prevalence. Low incidence (32%) of Becker's nevi above the nipples, for it had generally been believed that the upper chest and shoulder area was the predominant site of occurrence. Pigmentation was light brown in 75% of cases, and average size of the nevus was 125 cm² (19 in²). The more or less aesthetic nature of the effects of the disease. There is so far no evidence of higher malignancy rates in Becker's nevi versus normal skin. Nonetheless, as with any abnormal skin growth, the nevus should be monitored regularly.

Any sudden changes in appearance brought to the attention of one's doctor or nurse specialist. Treatment is usually for cosmesis. Surgical excision is generally avoided because it may result in scarring. Laser therapy has been used to treat both hyperpigmentation and hypertrichosis with a good cosmetic outcome. The results of laser treatments for both hair and pigment reduction appear to be highly variable. Shaving or trimming can be effective in removing unwanted hair, while laser hair removal may offer a longer-lasting solution. Q-switched ruby laser (694 nm) has been used with variable success in the treatment of Becker nevus.

About the Author

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