

Complete Information on Berger disease

Berger disease also known as primary IgA nephropathy and glomerulonephritis. IgA nephropathy is a kidney disorder designated by blood in the urine. It is caused by inflammation of within kidney structures and the deposit of IgA antibodies in kidney tissue. IgA nephropathy can occur in persons of all ages, but most often affects males in their teens to late 30s. IgA nephropathy (Berger's disease) is a form of mesangial proliferative nephritis. Structures in the kidney called glomeruli become inflamed, and a type of antibody called IgA deposits in the kidney. The disorder can appear as acute, rapidly progressive.

Chronic glomerulonephritis, or as visible or microscopic blood in the urine. Risk factors of IgA nephropathy involved having a personal or family history or Henoch Schonlein purpura (a form of vasculitis that affects many parts of the body, and may cause a kidney lesion that is identical to the lesion of Berger's disease). IgA nephropathy is the most common glomerulonephritis throughout the world. Primary IgA nephropathy is characterized by deposition of the IgA antibody in the glomerulus. The goal of treatment is to relieve symptoms and prevent or delay chronic renal failure. Medicines may be given to control high blood pressure and swelling.

For patients who produce liberal kidney bankruptcy, handling may comprise of dialysis or a kidney transplantation. The success pace of transplants is better in these patients. Taking fish oil supplements may too assist to decelerate the departure of kidney role. Angiotensin-converting enzyme (ACE) inhibitors or angiotensin receptor blockers (ARBs) to depress your blood force and cut the sum of protein (albumin) in your urine. Corticosteroid medications, such as prednisone too useful this circumstance. Immunosuppressive medications, such as azathioprine (Imuran, Azasan).

Omega-3 fatty acids, provided in dietary fish-oil supplements, to cut inflammation in the glomeruli caused by IgA deposits. Controlling your blood force is one of the almost significant ways you can assist sluggish kidney harm from IgA nephropathy. Changes in your diet - such as limiting your salt consumption - to assist handle your blood force. A low-salt diet can too assist minimise graceful retention and swelling. Other dietary changes, such as reducing the sum of protein you consume and taking steps to fall your cholesterol levels, too may assist decelerate the advancement of IgA nephropathy.

About the Author

Juliet Cohen writes articles for [health care blog](#). She also writes articles for [hairstyles gallery](#).

Source: <http://www.articletrader.com>