

Criminal Rehabilitation – Working Towards A Better Life For Inmates And Their Families

Criminal rehabilitation is gaining popularity among many who are forward thinking. Such forms of rehabilitation can help to reduce the number of repeat offenders who return to jail after being unable to adapt to life outside of jail. This can also help to solve some of the more serious cases, such as sexual offenders who may continue in their ways after being released, preying on women or children.

Criminal rehabilitation can help to solve the problem of overcrowding in most prisons. The criminal population continues growing, as the death penalty has been abolished, and the state would need to spend more on facilities to house criminals.

There are statistics showing that only 35 percent of inmates do not make their way back to prison upon their release. This leaves us with a large percentage of released criminals who do commit crimes and end up being repeat offenders. This poses a major difficulty to society as well as a strain. The government has to fork out huge sums to keep tabs on these possible repeat offenders as well as maintaining the prison systems. Needless to say, the possibility of releasing prisoners who might be repeat offenders is a threat to social safety.

However, the scenario does have a light at the end of the tunnel. There seems to be a good reason why some former inmates do not return to jail: it appears that their time in incarceration was spent productively, changing some vital aspect of their personality.

Education is one of the ways in which this positive change was affected. Education works in two levels to successfully rehabilitate the criminal. On a macro level, society as a whole is being educated to promote the importance of keeping the laws as well as ensuring that there is less discrimination against former criminals. This ensures that their propensity for ex-convicts to return to a life of crime is less, as they are able to secure jobs after their release. Education is also being offered within the prison to allow the prisoners to upgrade and stay relevant to the changing society outside the prison walls.

In criminal rehabilitation, prisoners are given opportunity to increase their content knowledge base. This is essential as studies show that many inmates do not have basic grade school education. This would severely impede their success of acquiring jobs, thus many had to turn to a life of crime. Basic criminal rehabilitation programs ensure that there is a standard level of literacy amongst the inmates who sign up for the course.

Rehabilitation also ensures that inmates are socially well adjusted. Psychological assessments are being meted to test for mental or physical disabilities that led to their incarceration in the first place. Should the inmates be ready and willing to accept counseling and assessment, many of them are able to return to society as relatively well-balanced individuals. For drug addicts, this is a pertinent issue, as many of them are struggling with addiction problems. Counseling would help to balance inner dynamics that led to the addiction, and possibly the criminal behavior that financed the addiction.

Criminal rehabilitation has many positive benefits and can impact the lives of many inmates as well as their families. It can help with wider social issues as well, such as reducing discrimination and stigma.

About the Author

Moses Wright is the founder of [Rehabilitation Program](#). He provides more useful information on [Drug Addiction Rehabilitation](#) and [Physical Rehabilitation Therapy](#) on his website. Webmasters are welcome to reprint this article if you keep the content and live link intact.

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