

## Live By Values For A Long Lasting Relationship

Most of us live by values. Our relationship is also based on shared values that are dear to both the partners. What are the values you live by? They may be- Honesty, speaking truth, helping others, understanding others, caring for others, being compassionate and such other values that you may be sharing with your partner.

Do you live by these values in your work life? Many of us compromise our values in our work life to achieve quick results and money. When it comes to living by the values in work, we do not think about sacrificing the values to reach targets and achieve quick growth. are you also doing the same?

How many of us do not lie? How many of us behave carelessly towards others/ how many of us cheat others for small gains? We are ready to sacrifice most of our values to reach our material goals. We justify all our actions. But this gives us dissatisfaction. we are not happy because we do not feel accomplished by getting success in this way. This dissatisfaction affects our relationship.

Slowly we also begin to compromise on our values with our partner. In love, we say- I will care for you. In love we promise total faithfulness. In love, we promise that we will sacrifice our comfort to make our beloved comfortable. In love we promise many things including never hurting our darling. When it comes to living by these values, we break most of them. We bring down our love to a give and take and justify our wrong actions with every possible argument. As that becomes apparent to our partner, they object to that and friction begins. This friction may lead to break- up. The essential factor is to live by values in all areas of our life. Once we do that we get happiness and confidence. Our relationship thrives because of that.

## About the Author

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