

## Taking up the Naturist Life style? - Start somewhere warm!

If you're thinking of taking up the Naturist Life style then it makes sense to start somewhere warm right?

Well, we recently moved to the Algarve in Portugal for exactly this reason. With more sunshine than anywhere else in Europe, our dream was to create a year

round Naturist guest house that would provide privacy and relaxation for Naturists looking for a quick getaway to the sun.

The first step was finding our property. Fortunately, by travelling just 2 or 3 kilometres inland from the tourist epicentres we were able to choose from a number of secluded villas and farm houses conducive to the Naturist life style. We finally settled on a beautiful property just outside Albufeira that was also close to the best Nudist beaches in the Algarve.

The property's biggest asset is its beautiful gardens, which because of the Algarve climate are in bloom all year round. These, combined with the fact that

the location, although completely secluded, is close enough to many local amenities such as the new Algarve Shopping centre in Guia, make it ideal for the

purposes of the Naturist holiday maker: privacy and access.

After several weeks of legal procedure (buying property in the Algarve can be a drawn out process) we were finally able to call "Casa Amarela" our own and

soon set about converting the residence into a guest house. Fortunately, the layout of the property meant that there was very little in the way of major renovations and within a short time we were able to open our doors to our first guests.

Naturism has long been popular in Spain, and also in Greece and Croatia. It is now starting to become more widely recognised in Portugal where the season is

also longer; second only by the Canary Islands. Spring and autumn also have a very mild climate and, even in the winter months, many a sunny day can be

enjoyed in a sheltered spot, just as nature intended!

Naturists looking to buy property abroad can find no better location than Portugal. Just over two and a half hours flying time from the UK (the canaries are

at least four hours) and with many airlines flying to and from Faro, (with another planned airport for Beja) it is the ideal place for a holiday or

retirement home. Property purchase in Portugal is also a wise investment with plenty of apartments and villas, as well as old Quinta's and Casa's, available

at very reasonable prices; far, far lower than the UK. It also has advantages over the eastern European destinations as it has a long history of friendship

with the UK. England and Portugal has, in fact, the oldest alliance in Europe.

The Algarve has always been famous for its beaches and golf resorts but there are many other opportunities afforded by this region of Portugal and we believe

that Naturism in the warmest of European destinations is an obvious opportunity to explore...if nothing else it makes sense doesn't it? ;)

### About the Author

Jane Kendrick is an avid Naturist who decided to turn her life style into a full time business. Find out more about her at: [Algarve Naturist Holidays](#).

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