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Minoxidil is currently the best option for those who are losing hair or those who have a family history of hair loss and like to prevent it. Minoxidil stops hair loss and also regrows hair after it is used for a few months. Minoxidil comes in a solution form that is to be applied topically over the affected area. This medicine is available OTC in some countries while in some countries; you have to get a doctor's prescription for it. It is always better to use minoxidil with doctor's consultation even if you buy it OTC. Hair regrowth due to minoxidil will stop when you discontinue the application. It is available in different strengths and your doctor will advise you about the strength you should use. Use minoxidil with confidence and take care that you discuss the following with your doctor before you use it.

Precautions with Minoxidil-

- 1) Minoxidil use on pregnant women should be discussed with doctor.
- 2) Minoxidil should not be used while breast-feeding.
- 3) It should be used in children only after consulting the doctor.
- 4) For elder people above 65 years of age, consult the doctor before use.
- 5) If you have any heart related problem, you should talk about it with your doctor before using minoxidil.
- 6) Don't use any other topicals on the same site as that of minoxidil without consulting your doctor. It may increase absorption of minoxidil.
- 7) Don't overuse minoxidil. If you have missed a dose, don't use double dose next time.
- 8) Talk with the doctor about all the allergies you have, before using minoxidil.
- 9) After applying minoxidil wash your hands carefully, otherwise it will get absorbed.
- 10) If you have any scalp problems, discuss about that with your doctor before applying minoxidil.
- 11) If you are getting any hair treatment done, such as hair coloring, etc., talk to your doctor before getting any treatment done.
- 12) If you get any side effects such as skin rashes, redness, etc., talk to your doctor.
- 13) In case of side-effects such as blurred vision, headache, swelling of hands, feet or legs, sudden weight gain, tingling sensations, etc., you should stop use and consult your doctor immediately. Find out about all possible side effects with your doctor.

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About the Author

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