

Acne Scars- They Need Not Be There For Life

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The severity of the acne scar, the location and type of treatments that can be done are factors that decide the method that can be used to treat acne scars. Let us discuss some of them. Chemical peeling, laser, dermabrasion, microdermabrasion, excision surgery and collagen or fat tissue filling are the common methods to treat acne scars. Depending upon your scars, your doctor will advise you about the kind of treatment you may have to undergo. Many people prefer to get treated only for deep scars and hope that the mild scars will resolve with time.

Tretinoin and acne scars-

Tretinoin comes as a cream or gel and it peels the upper layer of the skin. By repeated application, your mild superficial scar will become less prominent. You have the option of using an OTC product or a prescription product. Please consult your doctor about that. Along with treating mild scars tretinoin also removes dead skin cells and removes superficial age lines and spots.

Chemical peeling and acne scars-

Acne Scars can be easily removed with Chemical peeling. This method has been used since years for not only removing acne scars but also other skin blemishes and discolorations. With Chemical peeling doctors remove the layers of skin with chemicals. With the new skin forming the earlier blemishes disappear.

Microdermabrasion and acne scars-

In microdermabrasion small crystals are thrown at a high velocity and collected back by vacuum. These small crystals abrade the skin surface in a minimal way, removing the dead skin cells and some disfigured spots slowly. With repeated treatments, you may see some improvement in the scars. Microdermabrasion can be performed at home.

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