

Different Types of Mountain Bikes

With mountain biking being a very popular sport, there are many bikes to choose from. Depending on what type of riding you like, the style of bikes you can choose from will vary. Below, you'll find tips on the different types of bikes available.

1. Cross country

Almost all mountain bikes will fit into this category. Cross country mountain bikes are light weight, making them easy to ride over most terrains, even up and down hills. This is the most common mountain bike and it can be used with ease for riding on the path or even commuting.

2. Downhill

These types of bikes are for serious bikers who crave the ultimate adventure. Downhill bikes have front and rear suspension, strong parts, and disc brakes. Rarely available off the shelf, most riders like to custom build their own.

3. Trials

Trail mountain biking involves a great degree of skill and is classified as the precision riding of the sport. Similar to downhill bikes, trial riders will often build their own bikes rather than purchase one off a shelf. Generally very light and very strong, these bikes require a lot of discipline.

4. Jump and slalom

Slalom and jump bikes are very strong and designed for jumping, street racing, and slalom. They offer a front suspension and use very strong components dedicated to what they do. These bikes are very popular with the sport of mountain biking.

Even if you are new to mountain biking, the sport can be a lot of fun. There are several bikes to choose from, all of which depend on your style. If you are still looking for the best style for you, all you have to do is try out several bikes and see which one suits you the best.

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