

Women's Boots and Fashion

As with much of fashion, footwear is an ever changing part of style. Not only is it moving from one trend to the next, but it is also changing in relation to the clothing that is being produced - the foot needs to match the outfit, no? However, even with all of these changes and trends, women's boots seem to be one style that isn't walking away.

The History of Women's Boots

Originating as a purely practical piece of clothing, boots have been worn in a number of cultures over the span of time. The Egyptians wore a boot-like sandal contraption in warfare, while the Etruscans wore a heavier version of these boots to help protect their feet from the elements during times of battle. The Romans continued this tradition, while both men and women were wearing a lighter version of this practical boot in the 18th century with silk stockings.

As the time went on, boots became something worn by both sexes during horse back riding activities and were made popular by the cowboys of the era. When women became a larger part of the workforce during the World Wars, boots became the footwear of choice. Still used as work safe footwear, fashionable styles have also emerged to blend functionality with fashion.

Kinds of Women's Boots Available

Just as with any other piece of women's footwear, there are a number of styles of women's boots available. And as the trends of the day change, so do the kinds of boots that are available. Here are just a few of the recent women's boots that are available or found in women's closets across the world.

Ankle boots - These short versions of longer boots are often worn underneath longer pants or, lately, with shorter skirts to accentuate their height. Worn also with tight jeans, these boots accent the leg as well as lengthen the body, creating a slim line.

Mid calf length boots - The slightly higher style of these boots makes them more appropriate for a larger population of women. When worn at this length, they are comfortable to walk in for long periods of time. Some of the more popular trends right now are these kinds of boots with lambs wool and leather.

Knee length boots - A very popular trend for the past few years, the knee high boot is very sensual when worn with short skirts or with a skirt that comes to the knees, giving the leg full coverage when standing, but a slight reveal when the woman sits. These boots help to accent thinner calves and can create a longer silhouette when worn with a longer coat over a shorter skirt.

Thigh high boots - These even taller boots are not usually found in everyday dress, but they are still quite popular in club culture.

Military or Work boots - These boots are more practical than their stylish counterparts. Often with lower heels, these boots protect the toes and can also help to cushion the soles during long periods of standing.

Deciding on the Right Boot for You

With all of these choices, it's hard to tell which boot will be the right fit for you. Much of your decision should be based on the amount of walking that you will be doing - because not all boots are made for walking. The higher the heel, the more difficult it can be for you walk over long distances or on hard surfaces.

However, if you still want a high heel, you might want to look at platform heels that are wider at the base, providing more support and cushioning at the same time.

You can also find lower heeled boots that can accent your outfit without being uncomfortable.

Another thing to consider as you are shopping is the kind of outfits you will be wearing with your boots. Higher boots are best for shorter skirts and dresses, while lower boots are often better with longer pants or skirts. However, whatever works best for you and your style taste is what you should choose - as you know your body best.

Finding the Right Boots for You

If you're still not sure what kinds of boots are best for you, you might want to look at a number of shoe stores and in catalogs before you make your final decision. Chances are good that you will find a number of possible candidates for your shoe closet, so take your time in the selection process.

When you want to choose a boot that will last for years, be sure to choose a material like real leather as well as a higher boot height. Though it seems like it would become dated, this is a style that has staying power - and even if you don't want to wear the boot with a short skirt, they will fit beneath a nice pair of pants or jeans.

About the Author

Grant Eckert is a writer for Footwear Etc. Footwear Etc is a leading provider of [MBT Shoes](#)

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