

## A Primer of Women's Golf Fashion - Staying Comfortable on the Course

Golfing is a sport that requires long hours on the greens and the fairways in order to play all eighteen holes. But that also means that you need to be dressed in something that can last long hours, in various weather conditions, while still allowing you to swing through each stroke of the course. To help you look good and also play well, here are some golf fashion tips that you can keep in mind when you're gearing up for the game.

### **Tops on the Greens**

Since most golf games are played during the warmer months, you need to choose your tops with this in mind. Though you will probably find a large selection of polo style shirts, this is not the only way to dress for the course. You might also want to choose things like polo shirts without sleeves to help give you more air circulation, but still give that high class look. When it gets cooler, a windbreak with a collar or with a polo shirt collar sticking out of the top is a great idea. This will help you to stay protected from the temperature changes while also helping you look good as you do it.

The good news is that golf shirts are being made out of more synthetic materials these days, allowing you to choose lighter materials that still protect you from inclement weather conditions. Try your local sport goods or golfing store to see what new options you have.

### **No More Baggy Pants**

Though you could choose the traditional cotton pants of the day, there are plenty of options for women that are much more comfortable on a golf course. For example, the Capri trend is hitting the links as well with their comfort and their style flexibility. You can wear these in a number of different lengths, from mid calf to slightly higher or lower. These can also come in synthetic blends that will allow you to feel more air when it gets hot outside.

In addition, Bermuda length shorts are also showing up on golf courses these days. While they're not the standard golfing far, their longer length and slim cuts are still course appropriate. These shorts can be worn in a number of colors to help make any plain polo shirt more exciting.

### **Hats Off to Comfort**

Of course, when you're on the course for long periods of time, you need to have the right sun protection for your face too. Though it might not seem like a big deal in the beginning, the strain the sun will cause on your eyes (not to mention the sun damage to your face) is going to catch up with you. More women are choosing to wear golf visors that help shield their face from the sun while also allowing them to wear their hair in a stylish fashion. You can also choose to wear a baseball style hat that will protect your scalp as well.

To further add sun protection and style, you might also want to try some of the stylish sunglasses trends that are so popular. Just be sure that they work with your visor, if you choose to use one of those too. Or you can always opt for the athletic styles.

When you're heading to the golf course, you need to be prepared with not only your golf gear, but also the right golf wear. Though it seems like this is a more relaxed sport than most, walking around for hours is certainly going to take its toll without the right fashion choices.

### **About the Author**

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