

Cycling Gear: What's Hot

In the past, cycling gear selection for the average rider was limited. Cyclists were restricted to choosing from the same colors and overall designs. Making a fashion statement wasn't even considered when designing cycling shorts and jerseys. But now, more and more cyclists are demanding variety in their cycling attire. Today's cyclist looks for designs and colors that reflect their own unique styles and at the same time maintains their comfort and safety level when riding. Cycling gear designers have heard cyclists' calls and are now making cycling apparel that is not only more fashionable, but adds a level of safety not encountered before.

Jerseys and tops:

Collegiate cyclists wear their school colors. Pro cyclists wear their sponsors' logos. But what about those cyclists who fit into neither of these categories? There is now a plethora of styles and designs for cyclists to pick from. Jerseys are now printed with everything from pop icons to replica Tour de France team jerseys. Women are now given the choice of more feminine graphics and colors. Vests have also become a popular item for cyclists who want fashion, comfort, and protection. Vests are handy for cyclists who need some additional core warmth in the colder months with less bulk. A well designed vest may have zippered hand and chest pockets with the shells being made from nylon or micro-fiber. Laminated wind blocking/breathable type fabrics are also becoming more popular. They come in a variety of colors ranging from sky blue to radiant red. For women, some vests offer a tailored fit for a more fashionable look and can easily be worn on or off the bike.

Shorts and bottoms:

Cycling shorts all need to have some basic elements. The construction and finish of a cycling short must be stressed to provide ultimate comfort for a long ride. A high cut waist in the back offers protection and coverage, and a low cut waist in the front allows for more rider comfort while leaning forward. There are advanced fabrics available such as Leather with LYCRA®, which provide road rash protection from the leather while maintaining the stretch of traditional Lycra shorts. Ultimately, the choice of which cycling short to wear is a highly personalized one due to different body shapes and sizes. The important thing to remember is that comfort and protection need to be part of the buying decision.

Accessories:

Eye wear and eye protection are essential while biking. Protection from light, glare and road debris help the cyclist concentrate on what's most important, safety. Some sunglasses have polarized lenses that help reduce glare and come in a wide range of lens colors which one can pick from based on his or her particular needs. Other accessories include bicycle computers to track time, distance, speed and heart rate. Cyclists can also get some additional warmth in the cold month by wearing arm and leg warmers.

About the Author

Amber Singleton is a writer for [Domino, Inc.](http://www.ridedomino.com), <http://www.ridedomino.com>. Based in Boulder, Colorado. Domino is a sporting apparel company with a commitment to introducing advanced fabric technologies that improve performance, functionality, durability and protection. Domino is the official team gear supplier to some of America's top collegiate cycling teams, such as the [University of Colorado](#) cycling team, and is well known for its cycling apparel made with Leather with LYCRA®.

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