

Aiming and gripping the golf club

When aiming the sole of the club should be on the ground with the bottom front edge at a right angle to the target.

The base of the little finger on the left hand should be 1 and a half inches down from the top of the club, the grip runs across the fingers to the middle joint on the index finger.

Fold the palm over the grip then close the fingers. The thumb is held into the first finger and runs down the right centre of the grip. The main pressure is applied by the last three fingers with the others just sitting loosely on the club with two knuckles showing.

Place the middle 2 joints of the middle 2 fingers of the right hand under the grip with the little finger held away. The fingers are then pushed up to the first finger of the left hand.

The two fingers then hold the club then the palm is folded over the left hand.

The little finger of the right hand nestles into the gap formed by the first and second finger of the left hand. The first finger of the right hand should feel like it is gently pulling a trigger. The main pressure is applied by the two middle fingers with the others just sitting on the club. The palm of the right hand should now be facing the intended target.

The club should be held just hard enough to keep hold of it.

We will be adding more tips covering all aspects of golf, all of which can be found at our [Golf Holidays](#) website

About the Author

[Golf Lessons](#)

Source: <http://www.articletrader.com>