

Gross, Ugly, Embarrassing Warts

Warts are (lets call a spade a spade) gross, ugly, and very embarrassing. They are usually skin colored and rough to the touch but they can also be dark, flat and smooth. Plantar warts (warts of the soles of the foot) are usually smooth because they have been pushed, from the pressure of walking, back into the skin of the foot. A staggering fifty percent of sexually active Americans will contract Genital Warts in their lifetime.

What causes the ugly little buggers: Warts are all sub-types of the Human Papilloma Virus (HPV). There are more than 100 types of the HPV viruses. All warts are spread by physical contact; however, genital warts are the most infectious and are sexually transmitted ONLY. Warts on the body, face, fingers, or feet are also spread by physical contact. Once you are infected with the warts virus, outbreaks of warts can occur at anytime especially if your immune system is depleted.

Will They Go Away On Their Own? Often warts do disappear on their own especially in children, although it may take many months, or even years, for the warts to go away.

Do They Need To Be Treated? Usually, yes. Besides being embarrassing when they grow on your face, fingers or genitals, they are also bothersome. They can bleed and cause pain when they're bumped or scraped. Treatment should decrease the chance that they will be spread to other areas of your body or to other people.

Common methods of getting rid warts in the U.S. 1. Freeze them off. Cryosurgery for wart removal is still used today. It is painful, you will experience blisters and you will usually have scarring. This method has a recurrence rate of a whopping 73%. OMG! 2. Burn them off. Electrocautery also involves blistering and scarring. 3. Cut them off. Large warts are sometimes surgically removed with a recurrence rate of 21%, YIKES. 4. Poison, Acid, Or Prescription Medication them off. Most all of these treatments will get rid of the warts initially, but in many cases the darn things will recur. 5. Get them off the natural way. Yes, this sounds like a winner! No pain... lots of gain... and quickly (in 3 days) gets rid of the humiliating little growths forever. The natural way is a painless, and effective way to permanently remove moles, warts and skin tags in just three days. This method has a 98.5% success rate.

About the Author

Lanie Dills is the creator of Warts Plantar. If you would like to learn more about how to get rid of your warts the Natural Way, get more information at: Warts Plantar

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