

Getting Started with Knitting

Learn to knit, and get those creative juices flowing... I can still remember the moment I learned to knit. I was 6 years old, and my grandma sat down with me while my mother was busy with my new baby brother.

She taught me to cast on, and knit, and I was so excited I took my knitting everywhere.. it was all uneven and horrid, but I was excited that I had learned something new, and still love to knit to this day!

I am left handed, and always found many crafts hard to do because of it, such as crochet. But knitting can be done easily whether you are left handed or right handed.

Learning to knit as a child is a great way, but if you never did learn to knit, and would like to, then why not get started now!

Take it in little steps. Learn to cast on one day, and then learn to do the basic garter stitch the next day, and PRACTICE. That is the biggest part of knitting, is practicing. Once you have mastered the garter stitch, then you can try to purl, which is going through the back of the stitch.

Once you have mastered basic knitting, then you will need to learn to cast off. Continue to practice and make lots of blocks of knitting. (you can always make them into a quilt later!).

There are many books, ebooks, and videos on the market that will teach you how to knit, learning from an experienced knitter sitting right beside you, will still always be the best way, like my grandma did. But the next best thing I feel is a video. One where you get a real good close-up of what the teacher is doing, not something far away.

With a video, you can play it over and over again, and if you sit there with your needles and yarn, you will get this new skill. Its good for the brain to learn new crafts and skills, it gets the creativity flowing and keeps the brain alert.

It is never too late, and you are never too old to learn something new! Try it, knitting is good for relieving stress, as many men are finding. Knitting has become popular amongst celebrities and many professional men.. to help with stress and become creative.

So, get yourself some knitting needles and yarn, and maybe a basic pattern to get started with, once you learn your basic skills.

Try it, you may like it, so watch a good video and learn to knit...

[learn to knit video](#)

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