

Success Starts with Gratitude

Success starts with gratitude because when you are in a state of gratitude, you are in a positive mind set. You cannot help to be in a positive place simply because negativity can not survive in the face of gratitude.

When you think about all of the things that you are grateful for, you will raise your vibration level, that is to say that your energy is in alignment with peace and harmony which will attract the things that you want most in life. The more you can be in this state of gratitude, the more you will attract the things you want, and the more business success you will find.

To be in gratitude not only means to be grateful for the things in your life but for your life itself. Gratitude is also an acceptance of the way things are. You are meant to be exactly where you are, so be grateful that you are, and that you are here.

As situations arise and they are not as you had wanted them to go, it is important here to find the good in the situation rather than to dwell on the situation that did not go as you would have wanted it to. By looking for what is right instead of what went wrong, you will attract more positive outcomes in the future, as gratitude is that powerful. Obtaining a true attitude of gratitude is one of the most important things you can do to achieve the success that you desire.

Start with compiling a list of all of the things that you are grateful for, large and small. When you do this, it provides an opportunity to focus on the good things in your life, and giving more awareness to them, you will attract more good things to be grateful for to you. This list will also take your focus away from the negativity you may perceive in your life as well. While you do this process you will automatically be rewriting anything negative going on in your subconscious mind. You will be replacing it with a more positive aspect which will allow for more positive, productive situations to occur in your life bringing about true success.

There is also the mental gratitude list. This is where you would give thought and awareness to the things that you are grateful for as you walk in a garden, and look at the flowers, listen to the birds, or smell the fresh air. You can also achieve this positive flow while you are doing things you like to do, such as fishing, gardening, shopping or cooking.

Just always try to focus on what you are grateful for. You will be paid back for this effort in the form of positive feelings, and a positive feeling will bring you all that you desire because like attracts like. You must be consistent and persistent in finding the good parts of a bad situation to aid you in this grateful journey. So as you proceed with this attitude of gratitude, you will start to attract the success, happiness and the relationships that you truly desire. It is that simple. A grateful life is a successful life.

About the Author

Robin Buckley, Life Style Mentor and Successful Entrepreneur, is helping many become the next success story.

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